

STUDENT HANDOUTS

Chapter 1: The Facts Handout

INTRODUCTION: This chapter introduces the issue of human trafficking and who it affects.

INSTRUCTIONS: Follow along to the video in order to fill out the given handout. Be prepared for a discussion afterwards.

MATERIAL OUTLINE:

- a. What is human trafficking?
- b. Types of human trafficking
- c. Who is most vulnerable to human trafficking?

DISCUSSION QUESTION GUIDE:

- I. What were your initial reactions?
- II. Do you have friends or family who may be more vulnerable to trafficking?
- III. Did any of the statistics surprise you?

GUIDED NOTES:

To talk about human trafficking, we first have to understand what it is and who it affects.

Human trafficking is the use of _____, _____, or coercion to obtain some kind of _____ or commercial _____ acts.

In simple terms, human trafficking is exploitation of someone for the _____ or benefit of someone else. There are many forms of human trafficking, but we will discuss two of the most common forms - sex and labor trafficking. Sex trafficking is forcing a person to participate in commercial sex acts for the perpetrator's personal or monetary benefit. While labor trafficking is forcing a person to work in dangerous conditions for little to no pay through threats or _____. Both of these types of Human Trafficking happen everywhere around the world, including the United States.

Many view Human Trafficking as an issue that rarely occurs in the United States or other first-world countries, but that's simply untrue. Human Trafficking is a growing issue within the states that we all must be aware of. It is difficult to find concrete statistics about human trafficking due to the nature of the problem. However, the Human Trafficking Hotline received over _____ signals from victims of Human Trafficking just in 2021. _____% of which were minors. Since its creation in 2007, the United States' National Human Trafficking Hotline has identified over 87,000 cases of human trafficking with nearly _____ victims.

The International Labor Organization and the Walk Free Foundation estimate that there are over _____ million people trafficked each year. For comparison the country

of Madagascar has a population of 28 million people and ranks 51 out of 195 countries in population size around the world.

You might be thinking that this could never happen to you, but anyone can be a victim of human trafficking. There is no single profile for victims, victims range from all classes, races, sexes, or citizenship status. Although, there are some things that make individuals more vulnerable. People living in poverty or with _____ are often more vulnerable to trafficking because they are more easily lured by the promise of monetary compensation or a safe place to live. Your peers who have run away from home are vulnerable; a common example of how they get lured is because they fear to sleep on the streets, and a trafficker will offer shelter and then recruit them into trafficking. Youth in the foster care system, that have been to juvenile detention centers, or experience _____ issues are also more at risk. Human trafficking comes in many different forms and affects all kinds of people.

Raising awareness of the signs of human trafficking and how to prevent it is the first step in eradicating the issue altogether and ensuring we can keep our friends, families, and peers safe. This curriculum will be your first step in taking action against human trafficking and making your community a safer place.

QUIZ:

- 1. Fill in the blank: Human trafficking is the use of _____ to maintain a labor or commercial sex act.**
 - a. Force
 - b. Coercion
 - c. Fraud
 - d. All of the above
- 2. What are the two most common types of human trafficking?**
 - a. Digital and physical
 - b. Sex and labor
 - c. Organ and labor
 - d. Sex and organ
- 3. True or false: Human trafficking does not happen in first-world countries.**
 - a. True
 - b. False
- 4. What factor can make someone more vulnerable to trafficking?**
 - a. School
 - b. Housing conditions
 - c. Number of siblings
 - d. Popularity
- 5. True or false: Awareness is the first step of trafficking prevention.**
 - a. True
 - b. False

Chapter 2: The Misconceptions Handout

INTRODUCTION: This chapter addresses the common misconceptions associated with Human Trafficking.

INSTRUCTIONS: Follow along to the video in order to fill out the given handout. Be prepared for a discussion afterwards.

MATERIAL OUTLINE:

- a. Major Misconceptions
- b. Statistics
 - i. Internationally
 - ii. Nationally
 - iii. Specific to Oklahoma
- c. Governmental involvement and the current state of legislative affairs
- d. Conclusion
- e. TraffickQs

DISCUSSION QUESTION GUIDE:

- I. Did you previously hold misconceptions about Human Trafficking?
- II. How do you think misconceptions can negatively affect victims of trafficking?
- III. How will you change these misconceptions going forward?

GUIDED NOTES:

One of the first and most important steps in educating yourself about human trafficking is addressing any misconceptions you may have about the issue. There are four major misconceptions many teens hold about this issue that we will address in this video.

The first misconception about Human Trafficking is that only _____ and girls can be victims of trafficking. Although women and girls make up the majority of Human Trafficking victims around the world, 29% of victims are male. It is important to note that men and boys are trafficked in both the labor and sex industries.

Another misconception is what human trafficking looks like to the outside world. Many view trafficking as children kept in chains and cages, and although this is certainly an example of trafficking, it is not what the majority of human trafficking looks like. Oftentimes, victims have been so heavily manipulated by their abusers that they do not need to be held hostage in order for the abuser to keep them compliant, or do not think of themselves as victims at all. Another point that often goes unaddressed is the imbalance in victims that are _____. The Congressional Black Caucus Foundation found that in 2020, 57.5% of all juvenile prostitution arrests are Black children. Overall, the U.S. Department of Justice found that _____% of sex trafficking victims in the US are female, 40% are Black, and 24% are Latinx.

The third misconception is that the human traffickers are strangers to the victims. More often than not, the perpetrators are people the victims knew or trusted.

This could be a family member, friend, or romantic partner. Having a close connection with the victim means that the victim may rely on them in some way (financially or emotionally), which means the perpetrator might not have to physically restrain their victim to keep them trapped. Victims could still be present at school or work.

This leads into the fourth misconception: victims of human trafficking will seek help in public. There's a multitude of reasons trafficking victims cannot or will not seek help _____, including but not limited to: having their finances controlled by their trafficker, relying on their trafficker for food or shelter, being blackmailed by their trafficker, not even being aware they are being trafficked, or, if their trafficker is someone they know, they might feel a sense of loyalty towards the perpetrator.

In conclusion, human trafficking looks much different than the _____ might portray it to. It can happen in communities people think of as "safe" and to people that might not seem vulnerable at first glance. Knowing these misconceptions is key to gaining a deeper understanding of what human trafficking truly is, which is more important than ever.

QUIZ:

- 1. Only women can be victims of Human Trafficking.**
 - a) True
 - b) False
- 2. The majority of human trafficking looks like:**
 - a) Kids kept in cages
 - b) Prostitution
 - c) Family members exploiting children
 - d) All trafficking looks different
- 3. Victims often ____ their trafficker.**
 - a) Know
 - b) Don't know
- 4. You can tell if someone is being trafficked just by looking at them.**
 - a) True
 - b) False

Chapter 3: The Why Handout

INTRODUCTION: This chapter discusses the importance of learning about human trafficking and its impact on the local community.

INSTRUCTIONS: Follow along to the video in order to fill out the given handout. Be prepared for a discussion afterwards.

MATERIAL OUTLINE:

- a. Why is HT relevant to teens?
- b. Tactics geared towards teens
- c. Things that occur alongside trafficking
- d. What motivates traffickers
- e. Conclusion
- f. TraffickQs

DISCUSSION QUESTION GUIDE:

- I. What are your initial reactions?
- II. Did you know that human trafficking was a big problem?
- III. What are ways you might be going forward to protect yourself and others from trafficking?

GUIDED NOTES:

Human Trafficking is a prevalent issue targeting teens that is frequently ignored and forgotten. Here in Oklahoma, human trafficking is not taught or talked about within our school systems. The lack of conversation about this huge threat is making Oklahoma teens increasingly _____ to trafficking. In this chapter, we will discuss how human trafficking is relevant in your own city and why it is important to understand and be aware of.

Oklahoma has an extremely high _____ rate, and as discussed in Chapter 1, people living in poverty are more vulnerable to human trafficking, meaning a large portion of Oklahomans are already at risk of being trafficked. The state is also known for some of its major events and attractions. Tulsa's newly constructed Gathering Place is ranked #12 in the world for public playground attractions. We are also home to the nationally recognized BOK Event Center which brings in many major events and performances. Additionally, one of the largest highway systems in America, _____, dwells in Oklahoma. These mass highways lead to an abundance of travel through our state. Trafficking that occurs in surrounding states (Texas, Louisiana, Kansas, Missouri, etc) often finds its way to Oklahoma through these highways. For example, in January 2023, a fifteen year old girl was kidnapped from a Dallas Mavericks basketball game Just a few days later, she was trafficked and forced into prostitution in Oklahoma City. This is just one example of why it's so important for Oklahomans to stay _____ about the dangers of human trafficking, especially because of all the trafficking hotspots within Oklahoma.

While human trafficking is relevant to Oklahoma due to its location, it is also extremely important for teens and women specifically to be aware of. Minors account for half of the trafficking victims, and girls/women make up _____ of the victims. With the rise of social media in today's society, the risk of being trafficked has increased by _____. 40% of all human trafficking victims are trafficked from social media and online platforms, and 43% of social media users in Oklahoma are under the age of 18. _____ has created a way for traffickers to access victims that live thousands of miles away. From their phone alone, traffickers can communicate with and manipulate teenagers across the globe, while viewing what the teen shares online, like their appearance and location. Because of how interconnected the internet has become, anyone of any sex, race, ethnicity, background or socioeconomic status is at risk of being trafficked simply due to their presence _____. No demographic is safe from the danger of human trafficking; however, young women are the most trafficked online. In 2020, the Human Trafficking Hotline found 125% more people were trafficked through Facebook than in person and 95% more people through Instagram. In many cases, the trafficker contacts a victim through Facebook and Instagram Direct Messaging capacities, as well as through commenting and _____ with their posts. A user with a public account can be messaged by any other user, which allows traffickers to reach victims with ease and sometimes without a trace. However, a user with a private account can only be contacted by their own followers, which they must approve, which is why we stress the importance of having a _____ account. It is so important to only accept users that you know! It is very important to be wary of people messaging you, and who you are talking to on social media. Human trafficking is incredibly relevant in all teenagers' lives, and especially for Oklahomans. We hope this chapter helped you to realize that human trafficking has the potential to affect you or your loved ones, which is why educating yourself on the topic is important.

Traffick Cues:

Number one: Keep your social media accounts private, and only accept people you know and _____

Number two: Even with private social media accounts, don't post _____ information like where you live or go to school (?)

Number three: Pay attention to those around you and trust your gut! You can make Oklahoma a safer place by staying _____ and talking to a trusted adult if you see anything out of the ordinary, especially at large events.

QUIZ:

1. Why is human trafficking a prevalent issue targeting teens in Oklahoma?

- a) Because Oklahoma has a high poverty rate
- b) Due to lack of education and awareness in school systems

- c) Both a and b
 - d) None of the above
- 2. What major events and attractions in Oklahoma contribute to its vulnerability to human trafficking?**
- a) Gathering Place and BOK Event Center
 - b) Route 66
 - c) Both a and b
 - d) None of the above
- 3. How did the kidnapping of a fifteen-year-old girl from a Dallas Mavericks basketball game relate to human trafficking in Oklahoma?**
- a) She was trafficked into Oklahoma City shortly after her kidnapping
 - b) She was rescued and returned safely to her family
 - c) She was trafficked in Dallas
 - d) None of the above
- 4. What percentage of human trafficking victims are trafficked through social media and online platforms?**
- a) 20%
 - b) 40%
 - c) 60%
 - d) 80%
- 5. Why are young women particularly vulnerable to trafficking online?**
- a) They are more active on social media platforms
 - b) Traffickers can easily manipulate them through social media interactions
 - c) Both a and b
 - d) None of the above
- 6. What precaution is suggested to minimize the risk of trafficking on social media?**
- a) Keep social media accounts public to increase visibility
 - b) Only accept friend requests from known and trusted individuals
 - c) Share personal information like location and school
 - d) None of the above
- 7. What is one of the "traffick cues" mentioned in the text?**
- a) Keep your social media accounts public
 - b) Accept friend requests from strangers
 - c) Share personal information online
 - d) Keep your social media accounts private and only accept people you know and trust
- 8. What action is recommended if you see something suspicious, especially at large events?**
- a) Ignore it and mind your own business
 - b) Report it to a trusted adult or authority figure
 - c) Confront the individuals involved

- d) None of the above
- 9. Why is educating oneself on human trafficking important according to the text?**
- a) To raise awareness about the issue
 - b) To protect oneself and loved ones from exploitation
 - c) Both a and b
 - d) None of the above
- 10. What is the overall message conveyed in the text regarding human trafficking in Oklahoma?**
- a) It is a minor issue that doesn't affect teenagers
 - b) It is a serious threat that requires awareness and vigilance
 - c) Both a and b
 - d) None of the above

Chapter 4: The Signs Handout

INTRODUCTION: This chapter discusses the common signs of human trafficking and how to identify them.

INSTRUCTIONS: Follow along to the video in order to fill out the given handout. Be prepared for a discussion afterwards.

MATERIAL OUTLINE:

- a. Signs to look for when you suspect someone is being trafficked
- b. Social Media
- c. Warning Signs
- d. Recognizing Future Perpetrators
- e. Prevention
- f. Conclusion
- g. TraffickQs

DISCUSSION QUESTION GUIDE:

- I. What are your initial reactions?
- II. How will you responsibly use social media with human trafficking in mind?
- III. What would you do if you recognized any of these warning signs?

GUIDED NOTES:

One of the most important ways to combat human trafficking is to be equipped with the ability to recognize potentially dangerous situations. Online, be wary of job advertisements on sites like Craigslist, Facebook, or other social media platforms that sound too good to be true with exceptional pay or _____, especially for jobs like modeling or dancing. Any online interaction with strangers could be dangerous. Some perpetrators may even reach out to you individually via _____ messaging offering a job. Even though the idea of being “_____” may be flattering and exciting, no professional business would operate this way. In person, be suspicious of new friends or relationships that lavish you with excessive and expensive _____ for seemingly no reason. Healthy friends will not try to separate you from other relationships and support systems. If you’re meeting up with a new friend, and they randomly ask you to accompany them to a place you have no other reason to go to, be _____. The places they suggest could be points for trafficking networks, and new places are harder to escape from.

It is also important to recognize situations in others’ lives that may be signs of trafficking. Pay attention to your friends, especially if they start exhibiting different behaviors (like fear, anxiety, depression, or hyper-vigilance) after they enter a new relationship. Appearing _____, showing signs of physical abuse, poor health, poor hygiene, or malnutrition is cause for immediate concern. Even suddenly having a lot of considerably “_____” things such as expensive clothes, shoes, and their nails done could be a sign of someone being exploited. Limited social interactions or

_____ responses could be signs your friend is being trafficked, and that their trafficker is purposefully limiting their contact with the outside world.

If any of these scenarios sound familiar to you, or seem like they might be happening to someone else, tell a trusted adult. Coming forward can be hard, but remember that community members speaking up keeps everyone else safe.

Traffick cues for you! Chapter four.

Number one: Don't talk to people you don't directly know online. You never know someone's true _____.

Number two: _____ any possible trafficking of yourself or others, even if you're not 100% sure, it's better to be safe.

QUIZ:

- 1. What is one warning sign of potentially dangerous job advertisements online?**
 - a) High-quality graphics and professional layout
 - b) Exceptional pay or benefits for jobs like modeling or dancing
 - c) Ads posted on reputable job search websites only
 - d) Lack of contact information for the employer
- 2. Why should individuals be cautious of online interactions with strangers, especially via private messaging?**
 - a) Because online interactions with strangers are always dangerous
 - b) Because perpetrators may offer lucrative job opportunities through private messaging
 - c) Because professional businesses often operate by reaching out individually to potential employees
 - d) Because online interactions are typically safe and secure
- 3. What warning sign should you be wary of in new friendships or relationships?**
 - a) Excessive and expensive gifts for no apparent reason
 - b) Lack of social interactions with other people
 - c) Healthy relationships encouraging maintaining connections with other relationships and support systems
 - d) Both a and b
- 4. What are potential signs of trafficking in others' lives?**
 - a) Exhibiting different behaviors like fear, anxiety, or hyper-vigilance after entering a new relationship
 - b) Appearing destitute or showing signs of physical abuse
 - c) Suddenly acquiring expensive clothes, shoes, and beauty treatments
 - d) All of the above
- 5. What is one reason to report suspicions of trafficking, even if unsure?**
 - a) It may lead to a reward for the reporter

- b) It's better to be safe than sorry
 - c) It's an opportunity to publicly shame the suspected trafficker
 - d) It's unnecessary to report suspicions unless absolutely certain
- 6. What is emphasized in Chapter Four of the "Traffick cues"?**
- a) Don't talk to people you don't directly know online
 - b) Report any possible trafficking of yourself or others, even if unsure
 - c) Only accept job offers that seem too good to be true
 - d) Trust strangers offering job opportunities online

Chapter 5: The Resources Handout

INTRODUCTION: This chapter provides resources and next steps to prevent and address Human Trafficking.

INSTRUCTIONS: Follow along to the video in order to fill out the given handout. Be prepared for a discussion afterwards.

MATERIAL OUTLINE:

- a. What our legislation is doing to help prevent Human Trafficking
- b. Resources for awareness and prevention
- c. Support systems for victims and survivors
- d. Advocacy and legislative action
- e. TraffickQ's

DISCUSSION QUESTION GUIDE:

- I. Why do you think it's important support, regardless of their situation?
- II. Have you ever heard of organizations like the National Human Trafficking Hotline? How do you think they might assist victims of trafficking?
- III. What do you think are some ways we can help prevent human trafficking in our communities?

GUIDED NOTES:

In the United States, the Trafficking Victims Protection Act of 2000 “equipped the U.S. Government with new tools and resources to mount a comprehensive and coordinated campaign to _____ modern forms of slavery domestically and internationally.” (See DOJ). Mainly, this protects victims of human trafficking by expanding HT relief to all victims regardless of _____ status. It also strengthened HT prevention, and further criminalized the activities of traffickers. To learn more about the TVPA and history of HT legislation in the US, visit the US Department of Justice website.

Even with the TVPA, there is still work to be done.

The Trafficking Survivors Relief Act is a bill introduced in 2022 that protects survivors from _____ on account of having been a victim of trafficking. The Polaris Project has many resources for action supporting survivors, including petitions. Currently, The Polaris Project provides resources to contact representatives and _____ for the reintroduction of the bill. Legislative actions like the Trafficking Survivors Relief Act and so many others help victims and survivors of human trafficking, and are another step in the fight to end trafficking.

A resource for you to personally add to your reservoir of knowledge is this curriculum. Know the _____ of possible trafficking so you and those you know can remain safe and secure in your community. Additionally, always remember to have _____ and don't judge. All victims of human trafficking, regardless of their situation, deserve support and love.

To keep you and the people around you safe, it's important to know the resources that are available to you. There are many resources accessible for every step, from trafficking prevention, intervention, and _____. If you or someone you know is being trafficked - or suspected of being trafficked - seek help immediately. The National Human Trafficking Hotline is an American anti-trafficking organization partnered with Polaris Project and the U.S. Department of Health and Human Services. They offer both domestic and international hotlines that are available 24/7 for you to voice any urgent concern you may have about yourself or someone you know being trafficked.

The fight against human trafficking does not end with prevention. Supporting survivors of human trafficking and anti-trafficking organizations helps to liberate victims of trafficking and _____. There are many non-profit organizations that accept donations to further the impact of their resources for victims, such as The Polaris Project, Love 146, and The Dragonfly Home. Donating to these organizations helps ensure that victims of human trafficking have the necessary resources to successfully exit and navigate the situation.

All of these organizations are there to support victims of trafficking and to spread awareness. While there are some laws in place to support victims and prevent trafficking, there are still great strides to be made at a government level, so it's important to use your vote to help victims as well.

Some important things to take away from this chapter are that these organizations are there to help or your loved ones and are rooted in the mission of stopping Human Trafficking and supporting those who have been a survivor of Human Trafficking.

QUIZ:

- 1. What does the Trafficking Victims Protection Act (TVPA) of 2000 aim to achieve?**
 - a) Expand relief to trafficking victims regardless of immigration status
 - b) Strengthen prevention and prosecution measures
 - c) Both a and b

- 2. What is one potential warning sign of human trafficking?**
 - a) High levels of education
 - b) Unexplained injuries or bruises
 - c) Participation in community activities

- 3. How can individuals access support through the National Human Trafficking Hotline?**
 - a) By emailing them directly
 - b) By calling their 24/7 hotline

- c) By visiting their website and submitting a form
- 4. Which organization provides resources for action supporting trafficking survivors, including petitions?**
- a) The Polaris Project
 - b) The Dragonfly Home
 - c) Love 146
 - d) All of them
- 5. What is one way individuals can contribute to the fight against human trafficking beyond legislative advocacy?**
- a) Raising awareness in communities
 - b) Ignoring warning signs
 - c) Avoiding discussions about trafficking
- 6. Why is it important to treat all victims of human trafficking with empathy and support?**
- a) Because they chose to be trafficked
 - b) Because they may face criminalization and stigma
 - c) Because they don't deserve help

Chapter 6: Conclusion Handout

INTRODUCTION: This chapter concludes the curriculum and includes major takeaways to remember!

INSTRUCTIONS: Follow along to the video in order to fill out the given handout. Be prepared for a discussion afterwards.

DISCUSSION QUESTION GUIDE:

- I. What are you personally taking away from this curriculum?
- II. What practices will you implement in your life in order to keep yourself and others safe from trafficking?

GUIDED NOTES:

Now that we have gone through the different aspects of human trafficking and have formed a stronger understanding of what it actually is, we will review the key takeaways from each chapter.

- **Chapter 1:** Human trafficking has many forms, the most common being sex and labor trafficking. It can occur anywhere and to anyone, which is why it's important for everyone to be able to protect themselves against Human Trafficking and be aware of it. The most vulnerable people are those with unstable situations in any form, but it is crucial to remember that anyone can be trafficked, especially with the rise of _____.
- **Chapter 2:** There are many _____ of human trafficking; for example, many believe that the only form is sex trafficking, but forced labor makes up a large percentage of trafficking as well. Furthermore, it's common to believe that there aren't hotspots near you, but there are way more than you might think.
- **Chapter 3:** Human Trafficking is extremely relevant to teenagers, but it could always happen to anyone. Social media has caused an immense increase in trafficking rates, and online trafficking is more common than in person. There are also hotspots everywhere; _____ has many victims brought in because of the highway system. Large venues are the most common hotspots, so it is vital to always beware.
- **Chapter 4:** It is vital to be aware of warning signs of trafficking. Online, these can include fake job applications, online relationships, and other places where you share your private information. In person and online, it is important to be aware of _____. Recognition of how someone is treating you, whether that's excessive flattery or the exact opposite, is very important to be conscious of.
- **Chapter 5:** Reading this curriculum is taking the first step in preventing the epidemic of human trafficking. Share this and other information to others. There are trafficking hotlines that anyone can use; report a tip if you know or suspect

that someone is being trafficked. To advocate, start petitions, and try to make legislative change; spreading _____ is key!