

FACILITATOR USER GUIDE

Our Mission

Crafting compelling content that deeply connects with our audience is crucial, and our youth-centric approach is pivotal in establishing a profound resonance with teenagers. Our ultimate objective is to narrow the divide between awareness and meaningful action, inspiring teenagers to actively oppose human trafficking and play a significant role in the continuous fight against this grave issue.

We are ...

**FOR TEENS
BY TEENS.**

What is TraffickQ?

TraffickQ is a video curriculum developed by high school students. The purpose of TraffickQ is to educate teenagers on how to prevent trafficking online and in person. We chose to produce a video curriculum to inform teenagers on the grave issue of human trafficking. We have created engaging and informative videos that are split into 6 chapters. By leveraging the power of visual storytelling, our video curriculum aims to bridge the gap in understanding among teenagers. Our goal is to foster awareness, empathy, and empowerment. This curriculum provides teenagers with information and tools needed to protect themselves and to advocate for others.

This curriculum contains conversations about sensitive topics.

It is important to be mindful that these may be sensitive topics for some students. Resources are available in this packet as well as on our website for anyone you may believe has experienced Human Trafficking.

Next Steps:

- 1) **Stay Informed:** Continue to educate yourself about human trafficking by staying updated on current events, research, and developments in the field. Follow reputable organizations, news sources, and academic publications related to human trafficking.
- 2) **Raise Awareness:** Share what you've learned with others in your community. Organize awareness campaigns, workshops, or events to educate others about the realities of human trafficking, its causes, and its impact on individuals and communities.
- 3) **Volunteer:** Look for volunteer opportunities with local or international organizations working to combat human trafficking. This could involve direct support for survivors, advocacy, fundraising, outreach, or administrative assistance.

- 4) **Advocate for Policy Change:** Advocate for stronger laws and policies to prevent human trafficking, protect survivors, and prosecute traffickers. This might involve contacting elected officials, participating in advocacy campaigns, or joining advocacy groups focused on human trafficking.
- 5) **Support Survivors:** Support survivors of human trafficking by volunteering with or donating to organizations that provide services such as shelter, counseling, legal assistance, healthcare, and job training.
- 6) **Combat Demand:** Take action to address the demand for goods and services produced through exploitation. This might involve supporting ethical businesses, boycotting products associated with human trafficking, or advocating for regulations that hold businesses accountable for their supply chains.
- 7) **Promote Education and Prevention:** Get involved in efforts to educate vulnerable populations about the risks of human trafficking and empower them to protect themselves. This could include working with schools, community groups, or religious organizations to provide prevention education and resources.
- 8) **Collaborate with Others:** Work collaboratively with other individuals, organizations, and agencies involved in anti-trafficking efforts. Building partnerships and sharing resources can strengthen your impact and reach.
- 9) **Self-Care:** Engaging with the issue of human trafficking can be emotionally challenging. Make sure to prioritize self-care and seek support if you need it. This might include talking to a counselor, participating in support groups, or practicing self-care activities that help you manage stress and maintain well-being.
- 10) **Continuous Learning and Improvement:** Human trafficking is a complex and evolving issue, so it's important to remain open to learning and adapting your approach over time. Stay humble, listen to diverse perspectives, and be willing to reflect on and improve your own efforts to combat human trafficking.

Resources:

- 1) **Polaris Project:** A leading organization combating human trafficking in the United States, Polaris operates the National Human Trafficking Hotline and provides comprehensive resources on their website. Website: <https://polarisproject.org/>
- 2) **Human Trafficking Search:** This website offers a wealth of information, including research articles, news, and resources on human trafficking from various sources. Website: <https://humantraffickingsearch.org/>
- 3) **Freedom United:** Freedom United is a global organization that works to end modern slavery and human trafficking. Their website provides resources for action, advocacy, and education on human trafficking issues. Website: <https://www.freedomunited.org/>

- 4) **The Human Trafficking Institute:** This organization provides resources, research, and training aimed at improving the criminal justice response to human trafficking. Website: <https://traffickinginstitute.org/>
- 5) **Global Slavery Index:** Produced by the Walk Free Foundation, the Global Slavery Index provides data, research, and reports on the prevalence of modern slavery and human trafficking around the world. Website: <https://www.walkfree.org/global-slavery-index/>

Hotline:

National Human Trafficking Hotline: Operated by Polaris, the National Human Trafficking Hotline provides support, resources, and assistance to victims and survivors of human trafficking in the United States.

Hotline: 1-888-373-7888

Website: <https://humantraffickinghotline.org/en>

Human Trafficking FAQs:

1) What is human trafficking?

- Human trafficking involves the recruitment, transportation, harboring, or exploitation of people through force, fraud, or coercion for the purposes of forced labor, sexual exploitation, or other forms of exploitation.

2) How common is human trafficking?

- Human trafficking is a widespread and complex issue that affects millions of people worldwide. Exact numbers are difficult to determine due to the hidden nature of the crime, but it is estimated that millions of adults and children are victims of human trafficking each year.

3) What are the different types of human trafficking?

- Human trafficking can take various forms, including sex trafficking, labor trafficking, child trafficking, forced marriage, and organ trafficking.

4) Who are the victims of human trafficking?

- Victims of human trafficking can be of any age, gender, nationality, or socioeconomic background. However, certain groups, such as women and children, migrants and refugees, and marginalized communities, are particularly vulnerable to trafficking.

5) What are the signs of human trafficking?

- Signs of human trafficking can vary depending on the type of exploitation and the circumstances of the victim. Common indicators include restricted freedom of movement, signs of physical abuse or neglect, working excessively long hours, and being fearful, anxious, or submissive.

6) What can I do if I suspect someone is a victim of human trafficking?

- If you suspect someone is a victim of human trafficking, it's important to report your concerns to the appropriate authorities. In the United States,

you can call the National Human Trafficking Hotline at 1-888-373-7888 or text "HELP" to 233733 (BEFREE) for assistance.

7) How can I protect myself and others from human trafficking?

- To protect yourself and others from human trafficking, it's important to stay informed about the issue, be vigilant of warning signs, and take precautions when traveling or engaging with unfamiliar individuals or organizations. Additionally, supporting anti-trafficking initiatives and advocating for stronger laws and policies can help prevent trafficking and support victims.

8) What are the long-term effects of human trafficking on survivors?

- Survivors of human trafficking may experience a range of physical, psychological, and emotional effects, including trauma, PTSD, depression, anxiety, substance abuse, and difficulties reintegrating into society. Access to comprehensive support services, including medical care, counseling, and legal assistance, is crucial for survivors' recovery and rehabilitation.

9) How can I get involved in the fight against human trafficking?

- There are many ways to get involved in combating human trafficking, including volunteering with anti-trafficking organizations, raising awareness, supporting survivors, advocating for policy change, and educating others about the issue. Small actions, such as buying ethically sourced products and reporting suspicious activity, can also make a difference.

Sources:

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